



NEPAL CORNEA CATARACT AND REFRACTIVE SURGERY SOCIETY

NCCRS Conference 2026

19 – 20 June 2026 • Park Village Resort, Kathmandu, Nepal

SCIENTIFIC PROGRAMME

Conference At-a-Glance

DAY 1 – 19 June 2026

14:00 – 15:30	Inaugural Session · Dry Eye / Ocular Surface Disorders
15:30 – 16:45	Medical Cornea / Eye Banking / Miscellaneous
16:45 – 17:00	Tea Break
17:00– 18:45	Inaugural Ceremony & Plenary Session
18:45 onwards	Cultural Night & Gala Dinner

DAY 2 – 20 June 2026

08:30 – 09:30	Instruction Workshop Courses (Hall A & B)
09:30 – 11:00	Cataract Session 1 (Hall A) Optometry Session (Hall B)
11:00 – 11:15	Tea Break
11:15 – 12:45	Video Presentations (Hall A) Cataract Session 2 (Hall B)
12:45 – 13:30	Lunch Break
13:30 – 15:00	Refractive Surgery (Hall A) Surgical Cornea (Hall B)
15:00 – 16:00	Quiz (Hall A) Contact Lens Workshop (Hall B)
16:00 – 16:30	Closing Ceremony & Awards

PROGRAMME SCHEDULE

DAY 1 — FRIDAY, 19 JUNE 2026

13:00 – 14:00 REGISTRATION & HI-TEA

Session 1 | Dry Eye / Ocular Surface Disease

DRY EYE / OCULAR SURFACE DISEASE | HALL A | 14:00 – 15:30

MC: Dr. Barsha Thapa / Dr. Nikesh Maharjan

Chairs: Dr. Meenu Chaudhary / Dr. Shizuka Koh

TIME	TOPIC	SPEAKER
14:05 – 14:10	Welcome Address	
14:10 – 14:20	<i>Dry Eye Diagnosis: Small Tool, Big Insight – What Fluorescein Really Revealed</i> ★ Keynote	Dr. Shizuka Koh
14:20 – 14:30	Outcomes of Intense Pulsed Light Treatment in Dry Eye Disease due to Meibomian Gland Dysfunction	Dr. Poonam Shrestha

14:30 – 14:40	Dry Eye Disease Among Patients under Anti-Glaucoma Medication	Dr. Madhu Thapa
14:40 – 14:50	Clinical Profile and Risk Factors of Severe Dry Eye Cases Presenting at Cornea OPD of Eastern Nepal	Dr. Bibek Acharya
14:50 – 15:00	Ocular Tuberculosis Presenting as Unilateral Chronic Conjunctivitis	Dr. Manita Godar
15:00 – 15:10	Pattern and Frequency of Keratoplasty in Corneal Dystrophy in Tertiary Eye Hospital in Nepal	Dr. Rachana Singh Rana
15:10 – 15:20	Are You Sure It Is Viral Infection? How Will You Manage It?	Dr. Meenu Chaudhary
5min	Q & A Discussion Certificates & Group Photo	

Session 2 | Medical Cornea / Eye Banking & Miscellaneous

MEDICAL CORNEA / EYE BANKING & MISCELLANEOUS HALL A 15:30 – 16:30		
MC: Dr. Susma Khadka / Dr. Hem Chaudhary		
Chairs: Dr. Reeta Gurung / Dr. Poonam Lavaju / Dr. Sanjeeta Sitaula		
TIME	TOPIC	SPEAKER
15:30 – 15:40	<i>Keratoconus or Not? Conditions That Mimic Ectasia; Red Flags for Ectasia: Clinical Clues Every Doctor Should Know</i> ★ Keynote	Dr. Shizuka Koh
15:40 – 15:50	The Impact of Successful Corneal Transplantation Surgery on Quality of Life in Nepal	Mr. Shankha Twayna
15:50 – 16:00	Glaucoma and Corneal Surgery	Dr. Rakshya Panta
16:00 – 16:10	Why Corneal Thickness Matters in Glaucoma? Looking Beyond IOP	Dr. Pragati Gautam
16:10 – 16:20	When Sacred Flower Turns Toxic: A Case Series on Calotropis Eye Injury	Dr. Barsha Thapa
16:20 – 16:30	Knowledge, Attitude and Practice on Corneal Donation and Transplant Amongst Allied Ophthalmic Personnel in Community Eye Centers in Nepal	Dr. Samira Byanjankar
16:30 – 16:40	See the Unseen: Next Generation Corneal Imaging with Pentacam Cornea OCT	Mr. Kamal Luitel
5min	Q & A Discussion Certificates & Group Photo	

16:45 – 17:00	TEA BREAK
---------------	-----------

Inaugural Ceremony & Plenary Session

INAUGURAL CEREMONY HALL A 17:00 – 17:30		
MC: Dr. Pratibha Basnet / Dr. Rashmita Shrestha		
17:00 – 17:30	Lighting of Lamp • Welcome Remarks • Introduction of Dignitaries • Inaugural Address	
PLENARY SESSION HALL A 17:30 – 18:50		
TIME	TOPIC	SPEAKER

17:30 – 18:00	Honorary Members Felicitation	
18:00 – 18:15	<i>Why Vision Fluctuates: The Optical Impact of Tear Film Instability</i> ★ Keynote	Dr. Shizuka Koh
18:15 – 18:30	<i>Addressing the Worldwide Burden of Uncorrected Refractive Error through Global Refractive Surgery</i> ★ Keynote	Dr. Ashiyana Nariani
18:30 – 18:45	<i>Tackling Cataract Burden in the 21st Century</i> ★ Keynote	Dr. Sanduk Ruit
18:45 – 18:50	Vote of Thanks	

18:50 onwards	CULTURAL NIGHT & GALA DINNER
---------------	---

DAY 2 — SATURDAY, 20 JUNE 2026

08:00 – 09:00 **REGISTRATION & BREAKFAST**

Instruction Workshop Courses | 08:30 – 09:30 (Parallel Sessions)

Hall A: AS-OCT Workshop

IWC — AS-OCT: ENHANCING PRECISION IN CORNEAL IMAGING HALL A 08:30 – 09:30		
Moderators: Dr. Rachana Singh Rana / Dr. Leesha Shrestha		
TIME	TOPIC	SPEAKER
08:30 – 08:45	Introduction	Dr. Manita Godar
08:45 – 09:00	AS-OCT for Ocular Surface Lesions	Dr. Arju Sunuwar
09:00 – 09:15	AS-OCT for Corneal Pathology	Dr. Sanjeeta Sitaula
09:00 – 09:30	Q & A Discussion Certificates & Group Photo	

Hall B: Keratoconus Diagnostic Workshop

IWC — KERATOCONUS DIAGNOSTIC WORKSHOP HALL B 08:30 – 09:30		
Moderators: Dr. Leena Bajracharya / Dr. Poonam Shrestha		
TIME	TOPIC	SPEAKER
08:30 – 08:45	Clinical Features of Keratoconus	Dr. Archana Budhathoki
08:45 – 09:00	Interpreting Corneal Topography	Dr. Sunil Thapa
09:00 – 09:15	Understanding Pentacam	Dr. Aleena Gauchan
09:00 – 09:30	KCN Special Scenarios	Dr. Sagar Ruit
	Q & A Discussion Certificates & Group Photo	

09:30 – 11:00 (Parallel Sessions)

Hall A: Cataract Session 1

CATARACT SESSION 1 HALL A 09:30 – 11:00		
MC: Dr. Ashish Raj Pant / Dr. Shahooda		
Chairs: Dr. Samina Zamindar / Dr. Sanjay K. Singh / Dr. Nishant Patel		
TIME	TOPIC (10 mins each)	SPEAKER
09:30 – 09:40	<i>Patient Reported Experience Measures (PREM) Tool for Enhancing Cataract Surgery Safety in Indian Hospitals</i> ★ Keynote	Dr. Samina Zamindar
09:40 – 09:50	Consensus-Based Development of Root Cause Analysis and CAPA Guidelines for Common Adverse Events in Ophthalmology	Dr. Samina Zamindar
09:50 – 10:00	Teaching Phacoemulsification: Lessons, Mistakes and Pearls from 26 Years of Surgical Training	Dr. Sanjay K. Singh
10:00 – 10:10	Management of Small / Difficult Pupils	Dr. Sanjay K. Singh

10:10 – 10:20	Make in India – Trifocals	Dr. Nishant Patel
10:20 – 10:30	Make in India – Toric	Dr. Nishant Patel
10:30 – 10:40	Post-Traumatic Dropped Lens Rescue Without a Fragmatome: A Viable Approach?	Dr. Kiran Shakya
10:40 – 10:50	Difficult Situations in Pediatric Cataract Surgery	Dr. Srijana Adhikari
10:50 – 11:00	Q & A Discussion Certificates & Group Photo	

Hall B: Optometry Session

OPTOMETRY SESSION HALL B 09:30 – 11:00		
MC: Ms. Sneha Sah		
Chairs: Ms. Gauri S. Shrestha / Mr. Sanjib Mishra		
TIME	TOPIC (9 mins each)	SPEAKER
09:30 – 09:39	Contact Lenses in Keratoconus: From Vision Correction to Corneal Rehabilitation	Mr. Sakar Subedi
09:39 – 09:48	Biometry in Irregular Corneas: Challenges and Solutions	Mr. Niraj Dev
09:48 – 09:57	Acanthamoeba Keratitis: A Public Health Perspective	Mr. Sudarshan Khanal
09:57 – 10:06	Ortho-K: The 'Gold Standard' for Childhood Myopia Control	Ms. Sneha Sah
10:06 – 10:15	Impact of Scleral Lens Wear on Higher-Order Aberrations and Regional Lens Settling in Keratoconus Patients	Dr. Gauri S. Shrestha
10:15 – 10:24	Beyond Corneal Complexity: Scleral Lens Triumphs Across Five Distinct Corneal Pathologies – A Case Series	Ms. Sarmila Acharya
10:24 – 10:33	Therapeutic and Visual Rehabilitation of OSD Secondary to Stevens–Johnson Syndrome with Scleral Contact Lens	Mr. Deepak Ghimire
10:33 – 10:42	Ocular Surface and Visual Rehabilitation with Rigid Scleral Lenses: Case Presentation	Mr. Gagan Sahani
10:42 – 10:51	Rose K Lens for Keratoconus	
10:51 – 11:00	Q & A Discussion Certificates & Group Photo	

11:00 – 11:15	TEA BREAK
----------------------	------------------

11:15 – 12:45 (Parallel Sessions)

Hall A: Video Presentation Session

VIDEO PRESENTATION SESSION HALL A 11:15 – 12:45		
MC: Dr. Manish Pandey		
Chairs: Dr. Reeta Gurung / Dr. Meenu Chaudhary		
S N	TOPIC	SPEAKER
1	A Touch of Stem Cell Magic: The 'SLET' Story	Dr. Manish Pandey
2	A Dual Approach to Pseudophakic Bullous Keratopathy: Anterior Stromal Puncture with Amniotic Membrane Grafting	Dr. Kiran G.C.
3	Sticky Situation – Fibrin Complicating DMEK Graft Unfolding	Dr. Dipika Malhotra
4	Enhancing Patient Safety: The Critical Role of Hand Hygiene in Eyecare	Dr. Samina Zamindar

5	A Beginner Surgeon's Battle with the Nucleus	Dr. Samundra Kumar Shrestha
6	Two Triple Procedures: One Learning Curve	Dr. Shradha Limbu
7	Phaco in Small Pupil Eyes: From Challenge to Control	Dr. Ashrafal Haq
	Q & A Discussion Certificates & Group Photo	

Hall B: Cataract Session 2

CATARACT SESSION 2 HALL B 11:15 – 12:45		
MC: Dr. Archana Budhathoki / Dr. Nishana Paudel		
Chairs: Dr. Ashiyana Nariani / Dr. Sanyam Bajimaya		
TIME	TOPIC	SPEAKER
11:15 – 11:30	<i>Refractive Cataract Surgery in Low-Resource Settings: A New Paradigm for Global Blindness Reduction</i> ★ Keynote	Dr. Ashiyana Nariani
11:30 – 11:40	Initial Experience With Nepal's First Eyesi Phacoemulsification Cataract Surgery Simulator Among Ophthalmology Residents	Dr. Ashwin Thakali
11:40 – 11:50	How to Calculate Surgically Induced Astigmatism after Phacoemulsification?	Dr. Arjun Shrestha
11:50 – 12:00	Topical Anaesthesia in Phacoemulsification: My Experience and Learnings	Dr. Kiran G.C.
12:00 – 12:10	Phacoemulsification for Small Eyes	Dr. Sanyam Bajimaya
12:10 – 12:20	The Dissatisfied 6/6 Patient: Looking Beyond the Cornea and IOL	Dr. Ashish Raj Pant
12:20 – 12:30	Managing the Dissatisfied Patient with Multifocal IOL	Dr. Lazza Singh
12:30 – 12:40	Q & A Discussion Certificates & Group Photo	

12:45 – 13:30	LUNCH BREAK
---------------	--------------------

13:15 – 15:00 (Parallel Sessions)

Hall A: Refractive Surgery Session

REFRACTIVE SURGERY SESSION HALL A 13:15 – 15:00		
MC: Dr. Kaushal Pokhrel / Dr. Bandana Khanal		
Chairs: Dr. Rajesh Pradhan / Dr. Sanjay Argal		
TIME	TOPIC	SPEAKER
13:15 – 13:30	<i>'Less is More' in Refractive Surgery: Minimize Surgical Invasiveness to Optimize Quality of Vision (iVis Technologies)</i> ★ Keynote	Mr. Giuseppe D'Ippolito
13:30 – 13:45	<i>PRK Revisited – Why Surface Ablation Still Matters: A Case Series</i> ★ Keynote	Dr. Rajesh Pradhan
13:45 – 14:00	Why EDOF Lens Will Be the Future	Dr. Sanjay Argal
14:00 – 14:10	IPCL – One Step Refractive Solution	Dr. Sanjay Argal
14:10 – 14:20	Phakic IOL vs Corneal Refractive Surgery in High Myopia: Where Do We Draw the Line in 2026?	Dr. Saman Shrestha

14:20 – 14:30	Refractive Lens Exchange: Boon or Bane?	Dr. Shyam Vyas
14:30 – 14:40	Preoperative Planning and Workup of Phakic IOL	Dr. Bandana Khanal
14:40 – 14:50	Pentacam, Scansys and Sirius Tomography: A Comparative Study in Refractive Surgery Candidate Selection	Manish K. Sah / Dr. Rajesh Pradhan
14:50 – 15:00	Q & A Discussion Certificates & Group Photo	

SURGICAL CORNEA | HALL B | 13:30 – 15:00

MC: Dr. Leesha Shrestha / Dr. Sanjana

Chairs: Dr. Sanjay K. Singh / Dr. Ashiyana Nariani / Dr. Leena Bajracharya

TIME	TOPIC	SPEAKER
13:30 – 13:45	<i>Corneal Surgery and Global Visual Disability: Expanding the Role of Transplantation and Refractive Rehabilitation</i> ★ Keynote	Dr. Ashiyana Nariani
13:45 – 14:00	Evolution of Endothelial Keratoplasty in Eastern Nepal: A 15-Year Surgical Journey from DSEK to DMEK to DSAEK	Dr. Sanjay K. Singh
14:00 – 14:10	Demography, Indications and Outcomes of DALK Surgeries in Tertiary Eye Hospital in Nepal	Dr. Leena Bajracharya
14:10 – 14:20	OSSN: From the Ocular Surface and Beyond	Dr. Purna Arjyal Kafle
14:20 – 14:30	Corneal Parameter Changes after Accelerated Corneal Cross-Linking in Keratoconus Patients	Dr. Susma Khadka
14:30 – 14:40	Interesting Surgical Cases Encountered During Cornea Fellowship: A Case Series	Dr. Bibek Acharya
14:40 – 14:50	The Melles Technique Revisited: A Video-Assisted DALK Case Series in Keratoconus	Dr. Manish Pandey
14:50 – 15:00	Q & A Discussion Certificates & Group Photo	

15:00 – 16:00 (Parallel Sessions)

QUIZ TIME | HALL A | 15:00 – 16:00 | MODERATOR: DR. SAMAN SHRESTHA

15:00 – 16:00	From Cornea and Clear Lens to Laser Vision: The Ultimate Surgical Quiz — THINK FAST, ANSWER SMART, WIN BIG!!	Dr. Saman Shrestha
---------------	--	--------------------

CONTACT LENS WORKSHOP | HALL B | 15:00 – 16:00 | MODERATOR: MR. GAGAN SAHANI

15:00 – 16:00	Rigid Custom Scleral Contact Lenses: From Fundamental Principles to Advanced Applications in Vision Correction, Ocular Surface Management, Fitting, and Care Maintenance	Mr. Gagan Sahani
---------------	--	------------------

16:00 – 16:30 | Closing Ceremony & Awards

16:00 – 16:30 Closing Ceremony & Awards • MC: Dr. Barsha Thapa / Dr. Sushma Khadka

Poster Presentations

POSTER PRESENTATIONS		
#	TITLE	PRESENTER
1	Hide and Seek: Anterior Chamber Iron Foreign Body Simulating ICE Syndrome	Dr. Shikshya Panthi
2	Visual Outcome after Phacoemulsification in Patients with Type II Diabetes vs Non-Diabetic Patients Attending BPKIHS: A Comparative Study	Dr. Ashish Wagle
3	Orbital Cellulitis Following Traditional Eye Remedies with Rosary Pea Seeds (Lal Gedi)	Dr. Rahula Ahmed
4	When Disinfection Causes Devastation: Bilateral Grade III Ocular Burns from 50% Hydrogen Peroxide	Dr. Prativa Basnet
